



The Hegenberger Retractor

Transforming Postpartum Suturing

- A clear view of perineal trauma, supporting accurate diagnosis
- Both hands free for optimal suturing technique
- Reduced risk of needlestick injury
- Enhanced clinician comfort during procedure
- Improved training environment
- Shorter procedure time



Improved visualisation of the tear, supporting accurate diagnosis



Rapid suturing using both hands



Enhanced clinician comfort



Reduced risk of needlestick injury

The Hegemberger Retractor

The Hegemberger Retractor transforms postpartum suturing by providing a clear view of the vaginal walls and perineum, supporting accurate diagnosis, and thereby improved outcomes for women with postpartum tears.

Once the device is in position, both hands are freed up, supporting optimal suturing technique with improved clinician comfort. Use of the two-handed suturing technique helps to reduce the risk of needlestick injury and facilitates a more rapid repair.

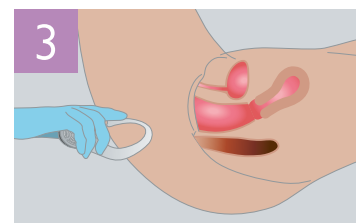
The enhanced visualisation and hands-free repair afforded by the Hegemberger Retractor also supports learning during suturing training sessions.



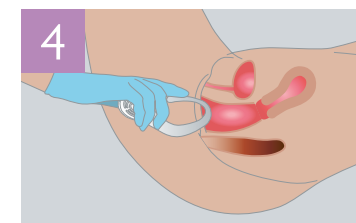
1 Open the pouch and remove the retractor. Hold the retractor as shown in the image. **Do not apply gel or lubrication.**



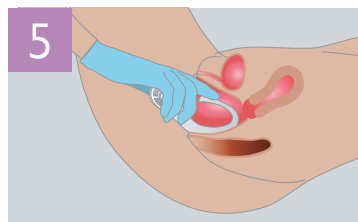
2 Gently press the sides of the retractor together, place your index finger on the top piece for control before placing in vagina.



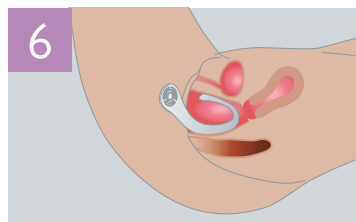
3 It is important that the patient is in a **supine position** with the legs elevated in stirrups. The patient **must not** be sitting or in a semireclined position. This will cause the retractor to slide out.



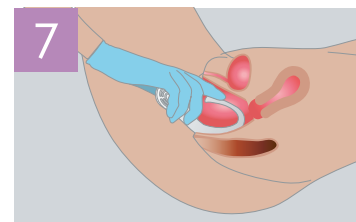
4 Keep the sides of the retractor compressed while placing the retractor until the circles on the retractor are located level with labia Majora.



5 Ensure that the top of the retractor has been inserted past the pubic and ensure that the circles on the retractor are at level of labia Majora. Before releasing the sides, ask the patient to relax her bottom before gently releasing the sides. **Do not rotate the retractor inside the patient.**



6 Correct placement is shown in this image. If the patient has an episiotomy or lateral tear, rotate the retractor before placement according to where the tear is located.



Removing the Retractor

First gently push the retractor a little further in to disengage it from behind the pubic bone.

Then place your index finger on the top piece to ensure the retractor is clear of the cervix.

Gently press the sides of the retractor together and press down on the top part and gently retract the retractor from the vagina.



Scan the QR Code to see our Hegemberger Retractor Video.

The Hegemberger Retractor is only intended for use on women following vaginal delivery. It is only intended for use by trained clinical professionals after understanding the instructions for use.